



**Occupational Diseases in the EU. The System(s) and their role.**

**"Together for disease-free workers"**

**MCE Management Centre Europe**

**Brussel 3rd & 4th December 2013**

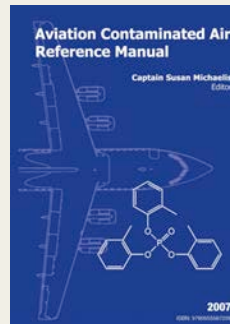
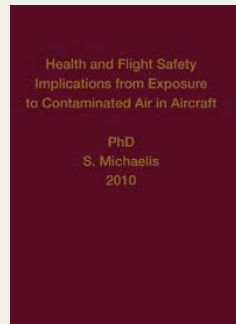
**New / emerging workplace risks**

**- Low level exposure to complex mixtures of chemicals**

**Dr. Susan Michaelis PhD, ATPL**

# Dr. Susan Michaelis PhD, ATPL

- ✈ Australian Pilot (former)
- ✈ PhD (2010) – Cabin air contamination
- ✈ Head of Research GCAQE



No financial relationships to disclose

# Flight Safety Compromised

No warning systems - despite numerous calls to install

✈ December 2010 (A319) - BFU report – Germany

Upon landing

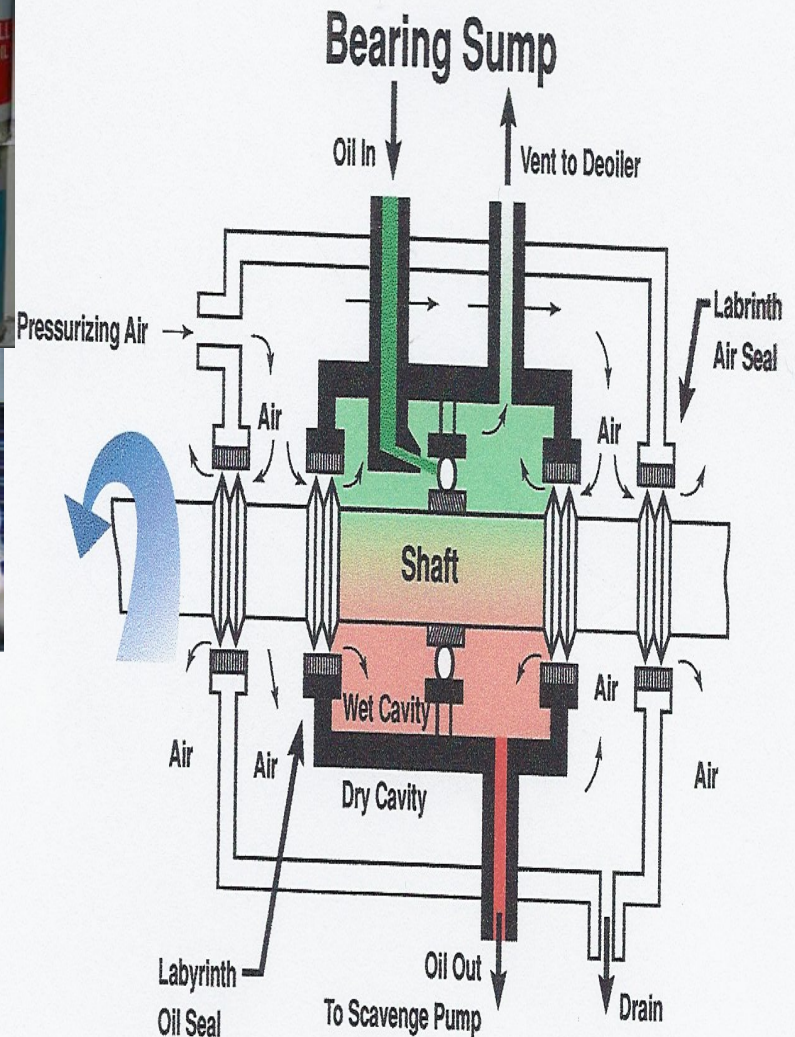
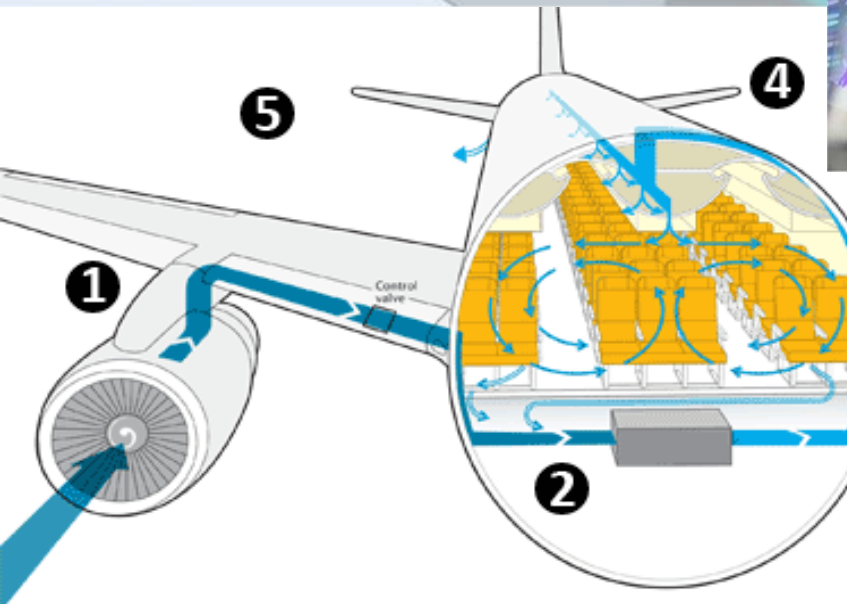
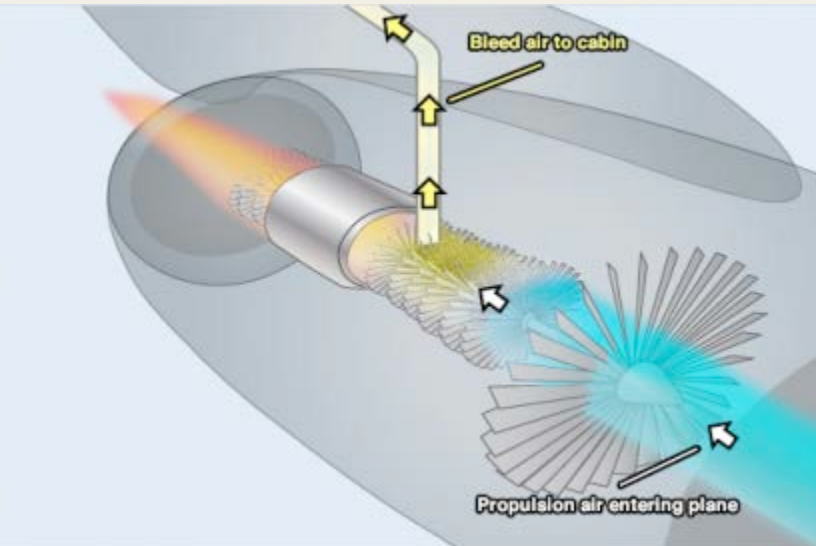
✈ **Capt:** strong dizziness, loosing senses, sudden tunnel vision, tingling hands & feet, stretched to the limit of capacities;

✈ **Co-pilot:** Feeling of throwing up, couldn't handle the flight info and general flight status

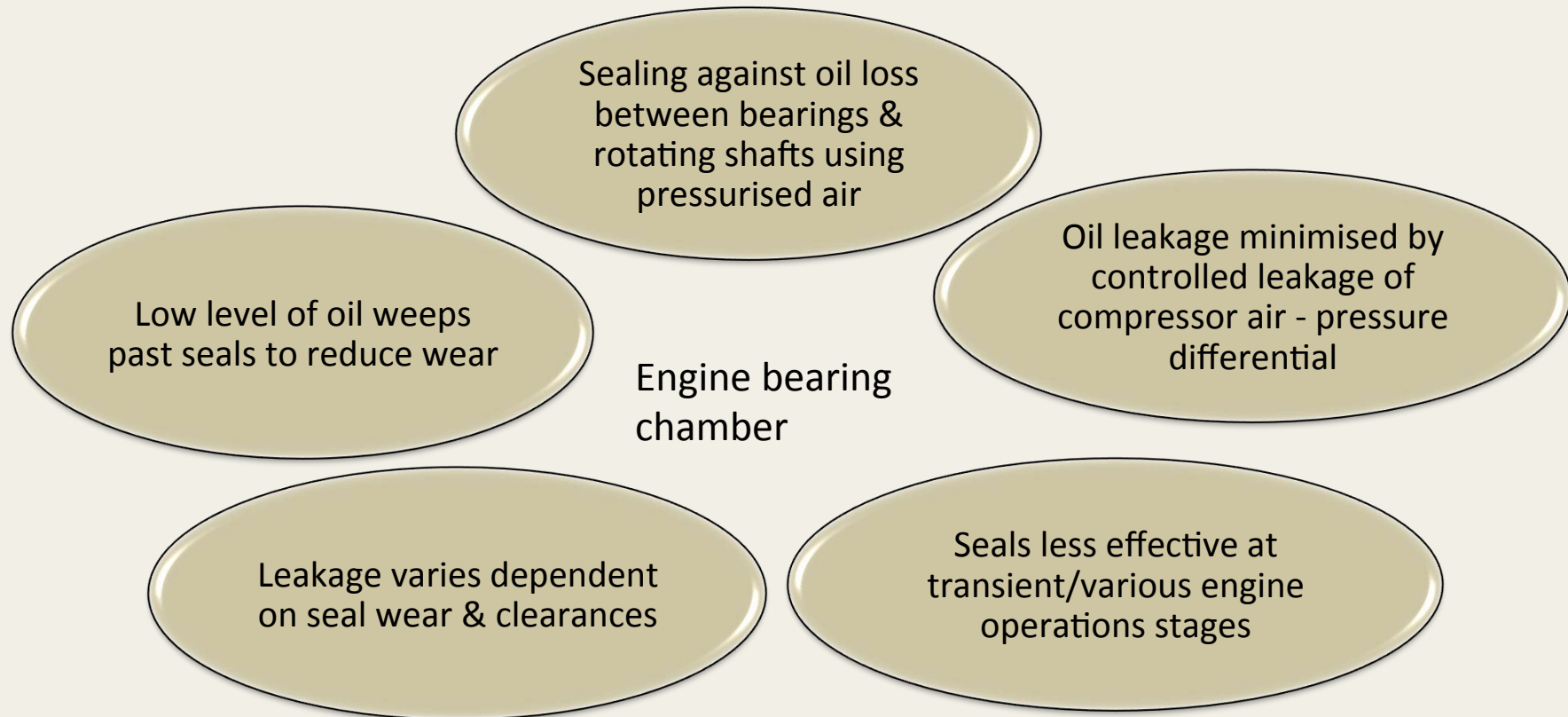


*UK CAA MOR reports – 2006-2011- 250 oil fume reports/ 50 incapacitations*

# Cabin Air = Bleed Air



# Oil leaks as function of design & operation of bleed air system



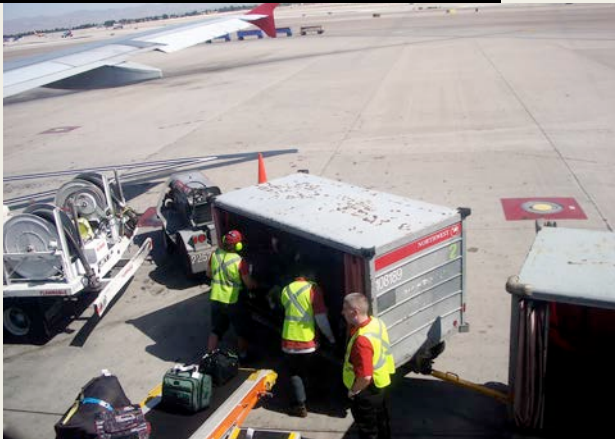
**Low level oil leakage occurs as a function of normal flight, yet focus has incorrectly been on rarer failures**

# Not just crew and passengers

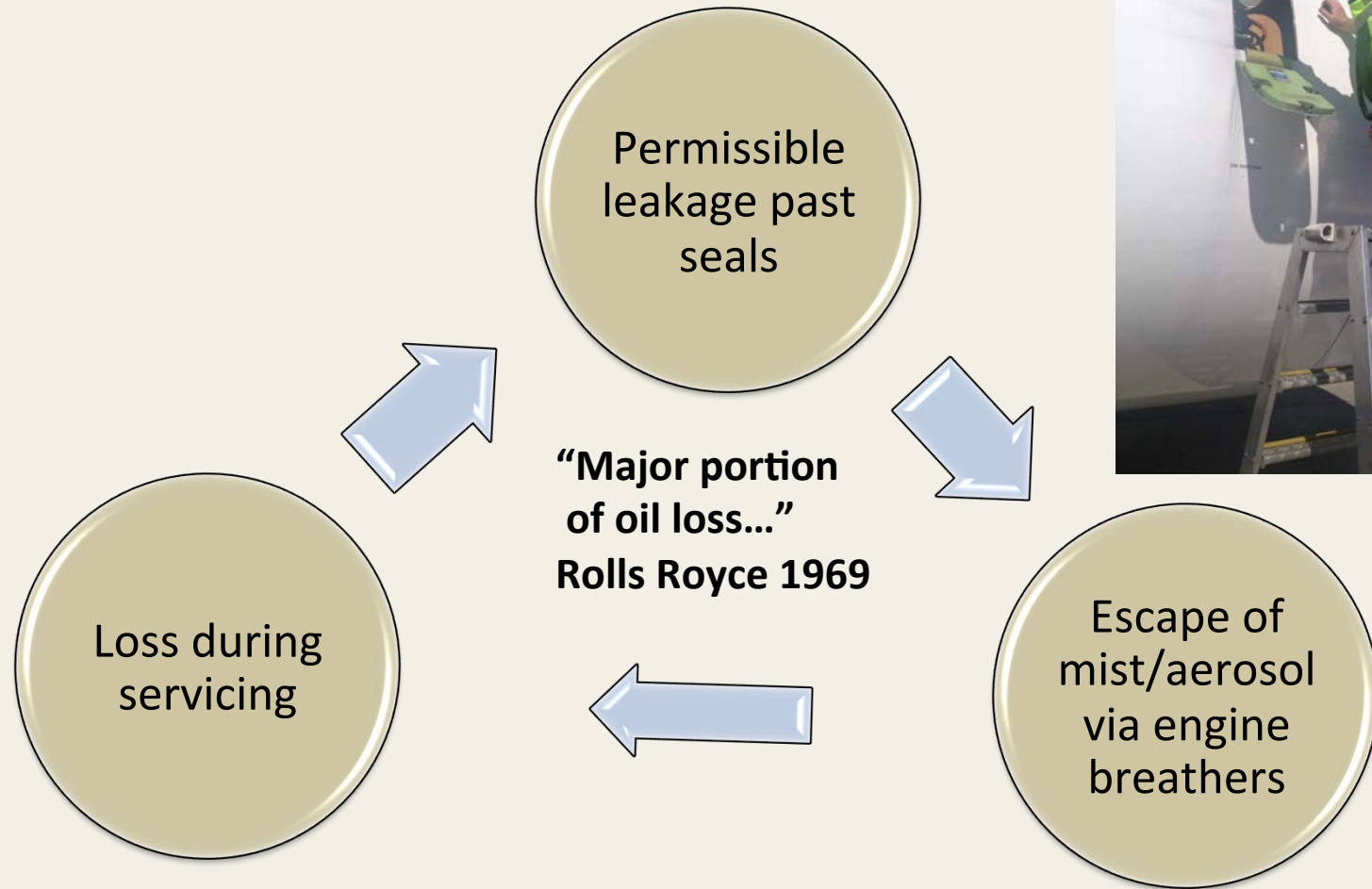
## Aviation & Aero derivative engine

Offshore workers

Aircraft engineers & ramp workers



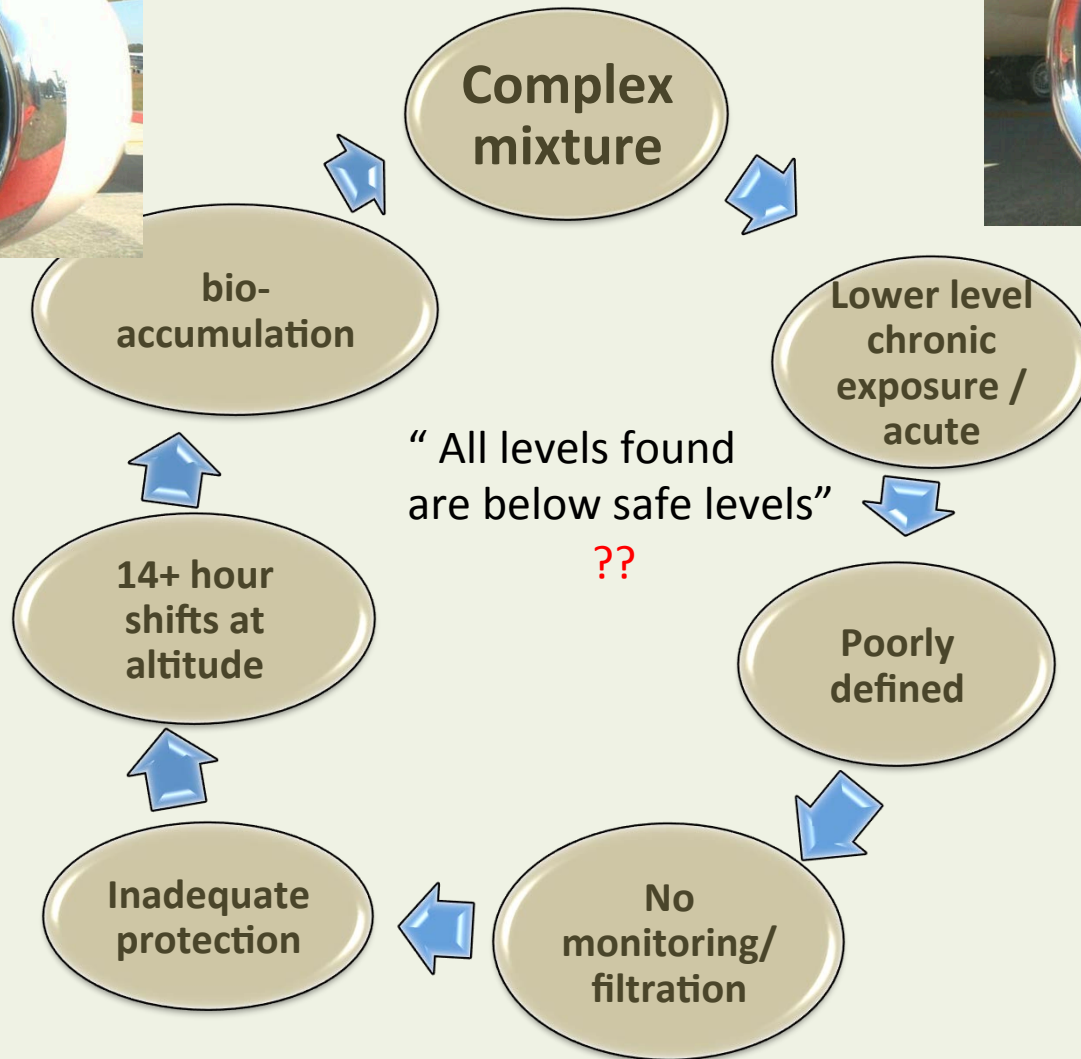
# Oil leakage



"Losses made good by..."

**Engine manufacturer: Toxic cabin air - "5<sup>th</sup> biggest engine problem"**

# Working Environment



# Chemical mixtures

- Risk assessments based on single substance evaluations may underestimate the toxicity of a mixture:
    - Additive approach
- “It is possible that interactions between chemicals may change the dose-response relationships observed for chemicals tested in isolation, leading to adverse effects at lower than expected doses or additional toxic effects that would not be predicted based on the toxicity of individual components.”

# Cabin air quality studies

## ✈ 53 Air Quality Studies (Michaelis PhD 2010)

- 62% – Bleed Air Contamination studies.
- 38% – General conditions/ no techniques to identify bleed air contaminants.
- NONE measured during an event.
- Only 27% of specific studies suggested “acceptable” air quality.
- Organophosphate (TCP) was found in 48 % of contaminated Air Studies, Oil was found in 60 % of them.

✈ Norwegian Study: TCP in 4% air samples, 39% swab, all HEPA Filters. (Solbu, 2011)

✈ UK study: TCP found in 23% of flights – No fume event. (Cranfield, 2011)

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# Lubricating Oils

Triaryl phosphates  
Antiwear additives

TCP, TXP

Wide range of pyrolysis  
substances  
(some unknown)

Amine antioxidants

PAN

& contaminants, BNA...



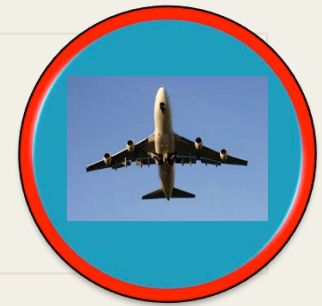
Temps > 700°F (315°C)

Ester base stock

Deicing fluids

Hydraulic oils

# Relevant factors



Lower level chronic exposures (design) or acute (failure)

Oils exposed to extreme temperatures in compressor

Complex mixture & wide range of pyrolysis substances

Constituents partially unknown/proprietary

Reduced pressure environment/no escape

Most substances do not have exposure standards

Variability: P450s modified genetically/environmentally

Studies not undertaken on heated oils/inhalation

Similar problems in other industries, particularly where there is combustion/ thermal degradation



# People being exposed

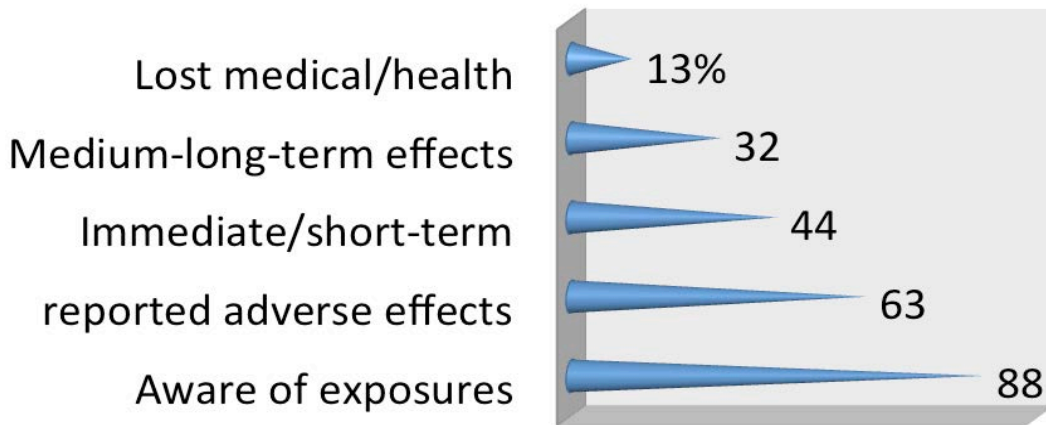
A large, dense table with many columns and rows of data, likely a flight log or exposure record. The table is filled with small, illegible text, suggesting a high volume of data points.

1. Swedish Malmö 1999 – worst case scenario - pilots incapacitated  
- SHK BAe 146 investigation - Oil leak identified
2. UK Cranfield study 2011: - No fume events (normal flight)  
- 23% of flights show TCP; 78% - TBP  
- 38% of flights – fumes/oily smells reported
3. German: Social Accident Insurance (2012)  
- Metabolites of TBP, TPP (flame retardants/hydraulic oils) significantly elevated - 332 urine samples  
- Aircrew occupational exposure to OPs

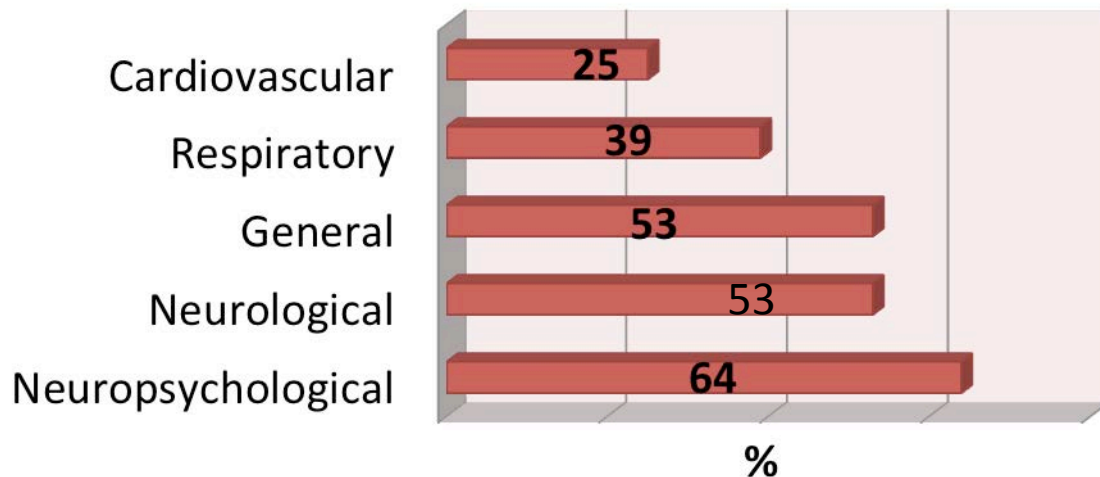
Frequency: Oil fumes reported in 1% of flights but design using bleed air system explains lower level exposure as a normal part of flight.

# Health

## BAe 146 adverse health effects n=274



## Chronic ill health effects



Chronic ill health  
37- 433%  
above controls

Aircrew/passengers are reporting:  
Chronic neurological, respiratory  
disease consistent with exposure  
to jet engine oils including OPs

Cancers: Higher than population  
averages

Aerotoxic Syndrome is a valid term  
- causative relationship exists

# Aviation - EU/UN HAZARD CLASSIFICATIONS (CLP)

## Harmonized & notified

**Substances reaching a hazardous classification: TCP, TXP (SVHC), PAN, TCP ortho isomers**

### Hazard classifications - YES

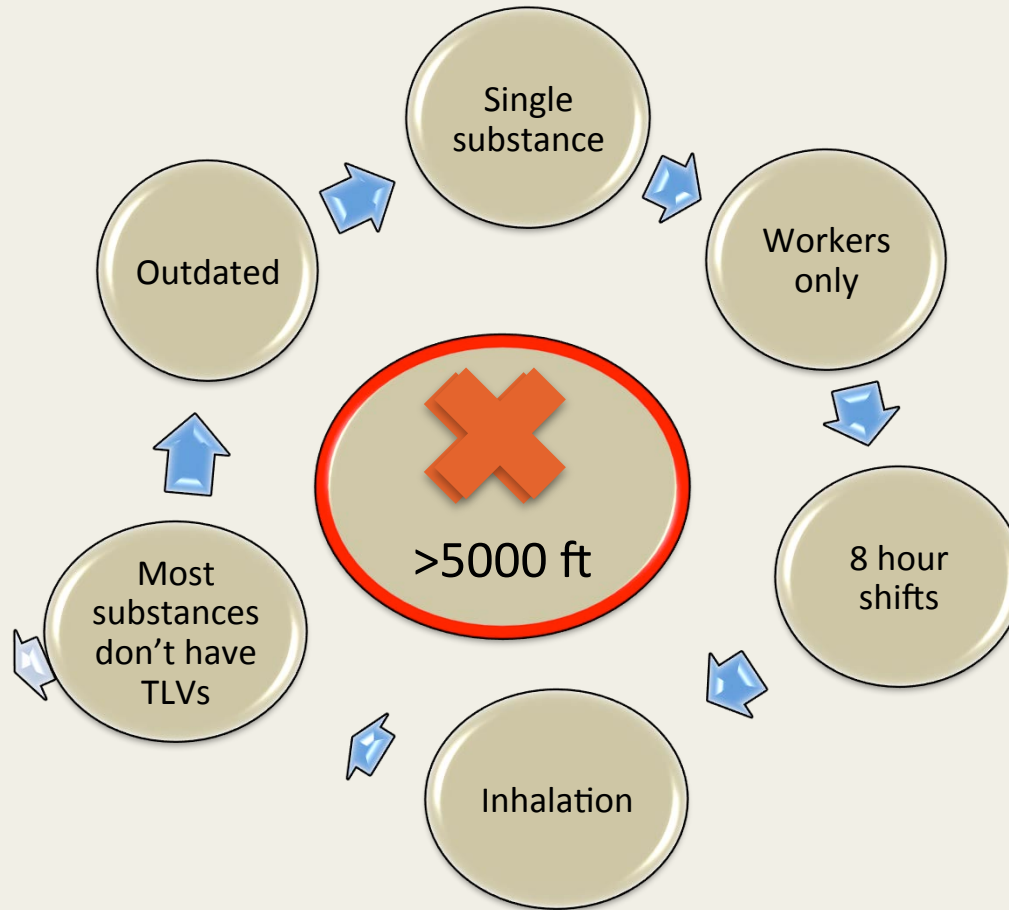
- ✈ Harmful if swallowed/dermal:
- ✈ May damage fertility or the unborn child
- ✈ Eye/skin irritant & ? respiratory irritant
- ✈ Skin sensitizer
- ✈ Single exposure target organ toxicity - nervous system
- ✈ Very toxic by inhalation
- ✈ Germ cell mutagenicity

**Substances possibly warranting a hazard classification: TCP ortho isomers, BNA, PBN**

### Hazard classification ?

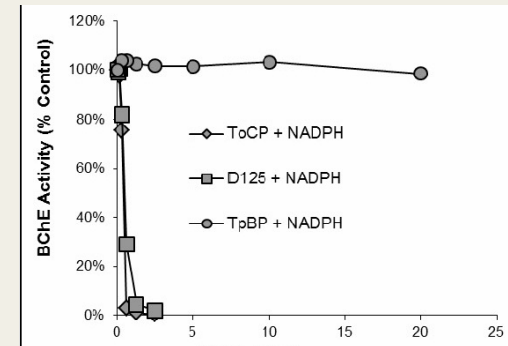
- ✈ Single exposure target organ toxicity - nervous system
- ✈ May cause cancer
- ✈ suspected of causing cancer
- ✈ Skin/eye irritant

# Exposure standards/TLVs



Subtle health impacts don't work for all classes- endocrine disruptors/flame retardants in cabin

# Science



## 1. Treon 1954 (USAF)

- Toxicity arises from thermal decomposition of oil base stock (95% of oil)
- Mists at 600°F very much more toxic than at lower temps
- Pneumonitis, degenerative changes to liver, brain & kidneys

American Industrial Hygiene Association Quarterly. 16: 3, 187-195, 1955 (USAF)

## 2. Furlong – University Washington

- TCP formulation (DURAD 125) bioactivates in liver into enzyme inhibitors almost like TOCP that paralysed 50,000 in prohibition
- Other triaryl phosphate isomers (including TPCP) adversely affect normal physiological processes

Chemico-Biological Interactions. [Volume 203, Issue 1, 25 March 2013, Pages 257–264](#)

## 3. Abou-Donia – Duke University

- Chronic exposure results in neurodegeneration below threshold where neurologic deficits occur.
- Temporal association between exposure and biologic damage

Journal of Toxicology and Environmental Health, Part A, 76:363–380, 2013

# What to do?



- Bleed free aircraft (Boeing 787)
- Training
- Chemical monitoring/filtration
- Risk assessments/studies on whole mixtures/  
mixed exposures in specific environment
- Assess the people
- ???????

# Thank you



- Further info:

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<http://www.ifalpa.org/downloads/Level1/Safety%20Bulletins/Medical/13SAB006%20-%20Cabin%20air%20quality.pdf>

[www.aerotoxic.org](http://www.aerotoxic.org)